

Background

- 69 year old lady.
- 2017: Rectal tumour treated with chemotherapy and radiotherapy. Remission and referred to a "Wait and See" study.
- 2019: Reoccurrence of rectal cancer resulting in a colostomy being formed.

Problems Experienced

- From 2020, pain in stoma occurred without any visible abnormalities.
- Later in 2020 raised 'bumps' appeared at the mucocutaneous junction which appeared like superficial hypergranulation.
- Treatment with silver nitrate, Terracotril, Aldanex, Lidocaine, ostomy seals and Prontosan with with no improvement
- 2021: Stoma refashioned but problems persisted and the **stoma retracted**.
- Very **painful superficial hypergranulation** reoccurred which was treated with silver nitrate. Although partially successful, painful skin remained.
- **Pouch changes were 2 - 3 times per day** due to **sore peristomal skin**.

Nurse Advice

Tried multiple seals and pouches with no success.

Hypergranulation and **sore peristomal skin** remained.

eakin **freeseal**[®] with an **eakin**[®] soft convex pouch was introduced by Laura Han, Stoma care nurse Haaglanden Medical Center.

Solution with eakin freeseal[®]

After 2 years of searching for a solution, eakin **freeseal**[®] has changed her stoma care routine.

Skin: Hypergranulation has almost disappeared and peristomal skin has completely healed.

Stoma Management: Just 1 pouch change per day with no additional treatments needed.

Bigger Life: The lady feels safe in her routine, is pain-free and does not have to think of her stoma. She said:

"I finally have a normal life again and I have become a regular ostomate!!"

