eakin **Cohesive**[®] Seals for building confidence



Background

- Very active man with young family.
- Unplanned emergency surgery.
- No independence wife caring for his stoma.
- Feeling restricted in movement.

Problems Experienced

- Pouch leaking around the stoma causing trapped moisture.
- Peristomal skin is excoriated, causing pain and discomfort.
- Loss of confidence and anxiety about the future.
- Using a flat bag and having to reinforce it with regular sticky tape several times for adhesion.

Nurse Advice

To use an eakin **Cohesive** SLIMS® seal under a soft convex pouch with a small amount of eakin **Cohesive®** paste to create a smooth surface.

Advised to change pouch every 2 days even if no leakage in order to inspect, cleanse and ensure the sore skin was healing.

Solution with eakin Cohesive® seals

Within 1 week of use

- The skin had greatly improved and pain had eased.
- No burning sensation or leaks.
- Increased pouch weartime.

Less than 1 month after initial consultation

Skin: No pain, discomfort or excoriated skin.

Stoma Management: He is now fully independent and is confident he can manage his stoma.

Bigger Life: Confidence has been rebuilt - the stress and worry about the future is not a concern. He has resumed normal day to day activities and an active lifestyle.

eakin.eu

Case study submitted by: Louise Lyons, Community Stoma Nurse, Ireland ECS CS 1



"It's very clear that the small addition of an eakin Cohesive® seal can make an amazing improvement in day-to-day life."